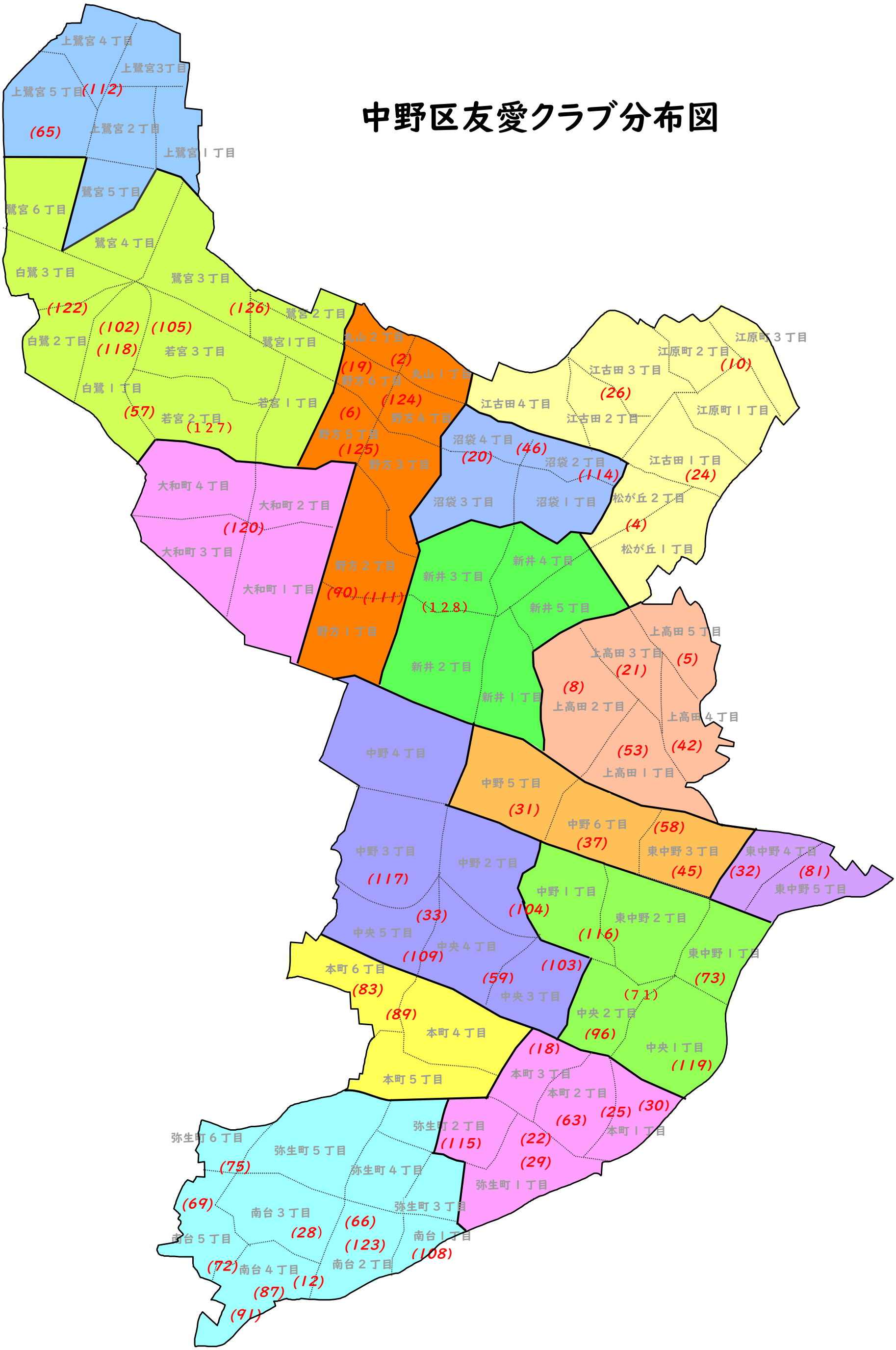中野区友愛クラブ分布図